

THE ROYAL OAK, AUBOURN

01522 788291

All our food is prepared in a Kitchen where Nuts and Cereals containing Gluten and other allergens are present. If you have a food allergy, please let us know. We do not include all Ingredients on the menu. Full allergen information is available. Our fish may contain small bones.

STARTERS

- Home Made Soup of The Day** with a Bread Roll ~ **£4.50**
Good Olde Prawn Cocktail (bound with Marie Rose Sauce) served with Bread and Butter ~ **£5.95**
Cajun Battered Chicken Strips topped with BBQ Sauce and Melted Cheese ~ **£6.25**
Battered Mozzarella Cheese served with Red Onion Chutney ~ **£5.90**
Parma Ham and Salami Wrap drizzled with Whole Grain Mustard Dressing ~ **£5.75**
Old Favourite Mussels in a Lemon, Cream White Wine Sauce with Bread for the Juice served in a Mussel Kettle for maximum flavour ~ **£6.95**
Smoked Salmon and Horseradish with Brown Bread and Butter ~ **£6.95**
Fresh Grilled Goats Cheese drizzled with Honey ~ **£5.95**
Baked Camembert served with Cranberry Dip and Pieces of Warm Baguette ~ **£5.95**
Chefs Battered Mushrooms Stuffed with Stilton and Garlic with Garlic and Lemon Mayonnaise with Mixed Salad ~ **£5.50**
Home Made Loaded Potato Skins ~ **£6.25**
with Cheese, Onion, Bacon and Barbecue Sauce (available as a vegetarian option without bacon) served with a Barbecue or Sour Cream Dip
Olive Selection and Gherkins with Balsamic Dressing and Crusty Sliced Bread ~ **£4.95**

FROM THE GRILL

All Beef Steaks served with Sauté Mushrooms, Grilled Tomatoes and Home Made Onion Rings. All weights shown are the uncooked weight.

All meals served with Market Fresh Vegetables, Crisp Salad and Chips or Potatoes

- 8 oz Rump Steak** ~ **£13.90**
10 oz Sirloin Steak ~ **£17.95**
16 oz T- Bone Steak ~ **£24.95**
8 oz Prime Fillet Steak ~ **£22.00**
Grilled Chicken Breast ~ **£13.50**

Why not order a Sauce to accompany your Steak?

Royal Oak Grill ~ **£19.95**

(Pork Sirloin, Gammon Steak, Lamb Chop, 4oz Rump, Lambs Liver, Lincolnshire Sausage, Black Pudding, Tomato, Mushrooms, Home Made Onion Rings and Fried Egg)

5oz or 10 oz Gammon Steak ~ **£8.00/£12.95**

(Served with either Egg, Pineapple or Barbecue Sauce and Melted Cheese, why not have more than one? Each extra topping 75p)

Half Rack of Belly Ribs Combo with either Chicken, 4oz Steak with Home Made Onion Rings (The Ribs are smothered in Barbeque Sauce) ~ **£14.50**

OTHER MEAT DISHES

All Meals served with Market Fresh Vegetables of Crisp Salad with Dressing and Chips or Potatoes

Rib of Belly Pork/Half Rib smothered with Barbecue Sauce

3 Meaty Ribs Standard ~ **£14.25**

Small 2 Meaty Ribs ~ **£11.95**

Lambs Liver sat on Minted Mash Potato smothered with Red Onion Gravy ~ **£9.95**

Lambs Cutlets cooked to your liking, sat on Minted Mash Potato with Redcurrant Jus ~ **£14.95**

- Royal Oak Chilli Con Carne** served with Garlic Bread ~ **£10.95**
Royal Oak Rib Tower Duo of Pork Ribs, Battered Chicken and Rump Steak Strips topped with Melted Cheese and Barbecue Sauce ~ **£15.95**
Trio of Lincolnshire Sausages sat on a Creamy Mash Potato with a Rich Onion Gravy ~ **£9.95**
Grilled Pork Sirloin Steak with Melted Cheese, Bacon, Barbecue Sauce, Garlic Bread, Wedges and Mixed Salad ~ **£12.95**
Beef Stroganoff (Onions, Paprika, Brandy and Cream) with Rice ~ **£14.95**

FUSILLI DISHES

Served with Garlic Bread and Mixed Salad Dressing. Small or Standard Portions are available.

- Seafood Pasta** Cod, Mussels and Prawns in a Creamy Garlic White Wine Sauce ~ **£7.95/£11.95**
Salmon and Broccoli Pasta Salmon, Red Onions, Garlic, Balsamic and Basil in a Light Cajun Cream ~ **£6.95/£11.00**
Chicken, Smoked Bacon and Mushroom Carbonara (with Egg Yolk) ~ **£7.95/£11.95**
Chicken, Chorizo and Bacon bound in a Spicy Tomato and Basil Sauce ~ **£7.95/£11.95**
King Prawn, Salmon and Chorizo Pasta Bake served in Chef's Tomato Sauce ~ **£8.95/£12.95**
3 Cheese Pasta Bake with Onions, Mushrooms and Peppers ~ **£6.50/£10.50**

POULTRY

All Meals served with either Market Fresh Vegetables or Crisp Salad and Chips or Potatoes

- Chicken Stuffed with Lincolnshire Sausage** with Green Peppercorn Sauce ~ **£11.95**
Chicken Breast with Melted Cheese, Bacon and Barbecue Sauce ~ **£11.95**
Chicken Stroganoff Royal Oak Style ~ **£11.95**
Chicken, Smoked Bacon and Smoked Saxon Cheese Stack in a pool of Smoked Bacon with Chef's own Recipe Smokey Sauce ~ **£12.95**
Chicken Strips in Chilli Batter served in a bowl of Mixed Salad with Sweet Chilli Sauce ~ **£11.95**

SALADS

Served with Home Made Coleslaw, Pickles and Warm Bread

- Goats Cheese, Beetroot and Crispy Bacon** ~ **£9.95**
Prawn Marie Rose ~ **£11.20**
Tuna Mayonnaise with Lemon and Lime Dressing ~ **£9.25**
Grilled Cajun Salmon ~ **£11.50**
Grilled Chicken Breast ~ **£11.95**
Royal Oak Cooked Ham and Pineapple ~ **£9.95**
Smoked Salmon, Capers and Horseradish ~ **£10.50**

FISH

All Meals served with either Market Fresh Vegetables or Crisp Salad and Chips or Potatoes

- Home Made Fish Goujons in Indian Batter** served in a bowl of Salad with a Sweet Chilli Dressing ~ **£10.95**
Royal Oak Mussels in Garlic Cream Sauce served in a Mussel Kettle ~ **£11.25**
Grilled Salmon Steak with Parsley Butter ~ **£11.95**
King Prawn Rissotto served with Garlic Bread ~ **£12.95**
Grilled Seabass Fillet topped with Herb Butter (or Prawn Sauce £3.50 extra) ~ **£13.95**
SEE THE SPECIALS BOARD FOR CATCH OF THE DAY

OMLETTES

See Main Menu for options

VEGETARIAN

All Meals served with either Market Fresh Vegetables or Crisp Salad and Chips or Potatoes

Vegetable Chilli Risotto ~ £10.95
Vegetable Curry ~ £10.95
Mushroom Stroganoff ~ £11.95
Trio of Vegetarian Sausage and Mash ~ £9.95